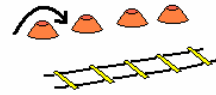


OBSTACLE COURSE

- student takes a racquet and ball (bean bag if Gr 1)
- student tries to keep ball or bean bag on racquet as he or she steps through ladder, sideways over cones, and sideways weaving between cones
- return to line



CHASE

- student takes a racquet and bean bag
- student runs and follows the line of the basketball key while attempting to run facing forward only
- partner chases student and attempts to catch the student holding the racquet by tagging or touching his or her shoulder
- return to starting line and change roles

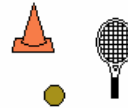


CONES (ICE CREAM CONES)

- each student has a partner
- one student takes a cone, the other takes a ball
- the student with the cone holds it upside down like an ice cream cone, open end up
- the student's partner uses an underhand toss to throw the ball high upwards toward his or her partner
- the student holding the cone attempts to catch the ball in the cone
- three attempts, then switch roles

SHOOT OUT

- each student has a partner
- one student is the 'goalie,' the other student is shooting
- the student shooting the ball hits the ball (rolling only) in an attempt to send the ball through the cones past the goalie
- three attempts, then switch roles

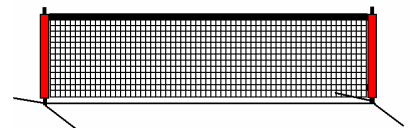


PASS

- one student on each side of the two cones
- the pair attempt to maintain a rolling rally between the cones that make up their 'court'
- goal is to maintain a continuous rally with the ball rolling

HOOPS

- two students stand opposite one another behind each hoop
- one student underhand tosses the ball up in an attempt to bounce the ball in the hoop in front of their partner
- partner uses the racquet to send the ball up so that it bounces in their partner's hoop
- partner catches the ball
- three attempts and switch roles



PRACTICE COURT

- students attempt to rally with one another in the practice court in a 'triples' format